

## ESSEX SPORT Junior Age Restrictions

Facilities	Minimum Age with Supervision	Minimum Age Without Supervision
<b>Fitness Classes</b>	16 years old	16 years old
<b>Gym</b>	12-14 years old (must be supervised by an adult at all times 1:1 ratio)	16 years old
	14-16 years old (accompanied by an adult)	
Activities	Minimum Age with Supervision	Minimum Age Without Supervision
<b>Activity Studios</b>	Adult discretion	12 years old
<b>Climbing Wall</b>	8 years old	18 years old
<b>Hard Courts</b>	Adult discretion	12 years old
<b>Sports Arena</b>	Adult discretion	12 years old
<b>Sports Hall</b>	Adult discretion	12 years old
<b>Squash Courts</b>	Adult discretion	12 years old

**For all Facility Hire bookings, the hirer needs to be 18 years old minimum.**