

# Operating Instructions -

## 1. Seat Height Adjustment

To increase the height, lighten the load on the seat and lift lever.

Increase the load on the seat and lift lever to lower seat height.



### 2. Seat Tilt Adjustment (Independent only)

To free float or to adjust the seat angle, lift the lever and adjust seat to the required position. Release lever to lock.



## 3. Seat & Back Tilt Adjustment (Synchro only)

To free float or to adjust the seat & back angle, lift the lever and apply pressure to the back of the chair. Select the required position and release lever to lock.



### 4. Back Rake Adjustment (Independent & Back Rake only)

To free float or to adjust the back angle, lift the lever and adjust back to the required position. Release lever to lock.



#### 5. Back Height Adjustment

Whilst sitting, lift the back to the required position. Note the back must be lifted to the highest position to go back down to the lowest position.



## 6. Body Weight Adjustment

Turn knob clockwise to increase tension. Turn knob anti-clockwise to decrease tension.



### 7. Seat Depth Adjustment (Optional)

Lift lever. Move seat to required position. Release lever to lock.



### 8a. Step by Step Arm Height Adjustment

Whilst sitting, lift the arm pad to the required position. Note the arm must be lifted to the highest position to go back down to the lowest position.



### 8b. 3D Arm Adjustment (Optional)

**Height** - Push button on side of arm and lift arm to required position. Release to lock.



Width - Loosen handwheel by turning clockwise. Move arm in or out to required position. Tighten handwheel anti-clockwise.



**Depth** - Slide arm pad forward or backward to required position.



### 9. Pump-Up Lumbar Adjustment (Optional)

Squeeze bulb until required lumbar is achieved. Press button on bulb to release.

